

## God is a Healer

God heals supernaturally through the redemptive blood of His son Jesus. He also heals naturally through the God-given ability He gave to our mortal bodies.

- *Psalms 103:2 Bless the LORD, O my soul, and forget not all His benefits: 3 Who forgives all your iniquities, Who heals all your diseases,*
- *Proverbs 3:7 Do not be wise in your own eyes; Fear the LORD and depart from evil. 8 It will be health to your flesh, and strength to your bones.*
- *1Peter 2:24 ...who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness--by whose stripes you were healed.*
- *Colossians 1:16 For by Him all things were created that are in heaven and that are on earth, visible and invisible, whether thrones or dominions or principalities or powers. All things were created through Him and for Him.*

The principles for physical health are analogous to the principles for spiritual health, and they are revealed in the Bible. The overall concept is that staying free of sin (toxins) and staying in the Word (nutrition) will keep your immune system strong (faith) and the devil (pathogens), which walks about like a roaring lion, will not be able to devour you. It is our immune system that protects us. So just like our faith can be strengthened through testing; our immune system can be strengthened when challenged with exposure to pathogens. But sometimes the challenge is too great and our bodies need the help of God's herbal medicines; just like some situations will require that I pray extra and enlist others to pray also. *Matthew 17:21 "However, this kind does not go out except by prayer and fasting."* And so we fight and we endure.

The Bible tells us that we are a 3 part-being (spirit, soul, body). Each part affects the other two; and thus our overall health. Therefore anything that disrupts the well being of my spirit, my soul, or my body becomes a disease promoting process. That means ill-health and their symptoms originate from the following:

- nutritional deficiencies and an improper diet (foods, herbs, sunshine, water, air)
- toxins (including pharmaceuticals and excessive radiation such as mammograms)
- pathogens (i.e. viruses, bacteria, fungi, parasites)
- physical impact (bruising), and structural mis-alignments (i.e. spinal subluxations)
- lack of movement (exercise)
- lack of restorative sleep
- emotional trauma, unmanaged stress, and unresolved sin issues (i.e. fear, pride, self-pity, jealousy, unforgiveness, etc.)

On a physical level; when body systems, organs, and tissues become weak due to nutritional deficiencies and toxins, the ability to resist an immune challenge is compromised. The terrain is weak, thus the immune system doesn't hold up, and the pathogen gets an advantage. For the most part, having symptoms of ill-health means that I have an ongoing hindrance to being well;

which means a disease promoting process is in action. Basically, there are 3 main levels to this ladder of disease and health. And our lifestyle determines which level we are moving toward.

The 3 levels are:

- Survival Mode – The systems of the body are waning as they struggle to keep you alive.
- Functional Mode - The organs and systems for the most part are maintaining functionality, but do not have what they need to get well and be at full capacity.
- Regeneration and Repair – The body has the organic foods, phyto-chemicals (herbs), and the lifestyle needed to support the body's innate health restoring processes.

Pharmaceutical drugs, being synthetic inorganic chemicals, are not able to support regeneration and repair of organic tissue. Some antibiotics have been successful with killing harmful bacteria. If the bacteria are killed, the person is “cured”; and then the body works on healing the damage done. The antibiotic also destroys the good bacteria in the gut. Antibiotics, like most drugs, deplete the body of nutrients and are a chemical toxin that the liver and kidneys have to remove. These are some of the so called “side effects” of the medication. Bacteria are increasingly becoming resistant to the synthetic cures. But that has never happened with herbal medicines. For viral infections, synthetic medications can only help with the symptoms while you wait for your immune system to fight off the virus. Antibiotics are ineffective for viral infections.

It is not good science or Biblical to believe that a synthetic inorganic chemical can organically heal, or that it works with the body's natural process for regeneration. For the most part, pharmaceutical drugs are designed to abate symptoms so they can be used as treatments. But thank God for synthetic drugs that can relieve unbearable symptoms, and sometimes keep us from dying. Thank God for synthetic drugs that can manipulate my body so that it can maintain some level of functionality. For example, we don't have to have a stroke from high blood pressure while we are working on getting our health back on track.

Currently our foods do not have the levels of nutrition our bodies need to have strong health. And thus we have symptoms. In addition, the levels of toxins in our foods, water, air, etc. are severe and pandemic. And thus we have symptoms. The level of toxins in our society today is so severe that for many people their detoxification pathways are compromised, their hormone receptors are blocked, their energy producing mitochondrial function is disrupted, and the barrier between their small intestine and their blood stream is compromised. This is the main reason so many people suffer from symptoms. We do not have symptoms because our bodies lack synthetic medications, but because the natural processes for health are not supported. But there is power in prayer and there is power in herbal medicines; because God is a healer.

*Bill Yeary, BND, ND, CCII, CS, CNHP, CFCC*